



# PROGRAMS & SERVICES

*Our commitment to the Orange County community is to help children with developmental disabilities reach their full potential, improve the quality of life for their families, and foster an attitude of acceptance and inclusion.*

An affiliate of UCP National, one of the leading health charities in the country.

An average of 80% of every dollar is spent directly on programs and services.

86% of individuals served have a disability other than cerebral palsy.

Services provided in English, Spanish, and Vietnamese.



## UNITED CEREBRAL PALSY OF ORANGE COUNTY

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Founded in the early 1950s to serve the needs of children with cerebral palsy, United Cerebral Palsy of Orange County now serves children with all types of developmental disabilities and provides vital support to families.

## Programs & Services

### **Therapy Services**

Child centered, play-based intervention is provided in a family friendly environment. Individual therapy services include physical, occupational and speech therapy in our new therapy clinic. Training of our experienced staff includes Neuro-Developmental Treatment, Sensory Integration, Myofascial release, Cranio-sacral therapy as well as oral/motor feeding expertise.

### **Early Intervention**

Provides in-home individualized developmental guidance, several forms of therapy, and parent support for developmentally delayed infants and toddlers birth to 3 years of age. Services provided in-home and soon to be provided in-center.

### **Recreation Services**

After-school classes in art, dance, yoga and martial arts are offered to elementary-aged children and teens.

### **Child Care & Related Supports**

**Respite Connection:** A respite service (in-home care) providing trained, adult caregivers for children and adults with developmental disabilities.

**Special Sitters:** Teen babysitters who have completed special training are matched with families who have a child with special needs.

**Saturday Club:** Children with special needs age 8 and under and their typical siblings participate in five hours of fun activities on a Saturday.

**Inclusion Connection:** Individualized assessment and on-site support for children with special needs in childcare settings.

**Childcare Connection:** Provision of aides to children requiring support within their childcare setting.

### **Family Support Services**

**Information & Referral:** UCP maintains extensive files on community resources for all types of developmental disabilities to assist families in finding needed services.

**Parent Connection:** Parent-to-parent emotional support is offered by trained parent volunteers in English, Spanish, and Vietnamese.

**Swap Meet:** Connects families who want to sell or donate used equipment with families searching for items. The Swap Meet list is available on our website at [www.ucp-oc.org](http://www.ucp-oc.org).

**Parent Information Nights:** Topics of interest provided at parent meetings in English, Spanish, and Vietnamese.

**Parent E-mail Network:** Notices of conferences, workshops, and fun family events are quickly disseminated to families via e-mail.

# *Iife Without Limits*