



**Tender Warrior**  
*Womens Street Survival*

14260 Chino Hills Pkwy Suite D-275  
Chino Hills, CA 91709

## **Realistic self-defense for Women**

**Don't get caught being defenseless!**

**Find out about these simple  
and direct techniques that  
will help you fight your fears!**

**2-hour class includes self-defense techniques such as:**

Ground & Nuisance Attacks  
Verbal Skills (Assertive Behavior)  
Using common everyday weapons  
Stress response training

Class is taught by Law Enforcement Professionals  
from the Buena Park Police Department, led by Officer Chris Pimentel.

### **WHERE?**

Buena Park Woman's Club  
6711 Beach Blvd.  
Beach and 11th in Buena Park, across from City Hall and the Police Department

### **WHEN?**

Saturday, November 12, 2011  
9 - 11 a.m.

### **HOW MUCH?**

Special Offer for this date: \$20/person (normally \$40)  
Bring cash or check made out to TENDER WARRIORS.

### **RSVP**

By November 10th to hold your place - limited number!  
Call Chris Salts at 714-742-5105 to RSVP or if you have questions.

**Ladies: Feel free to share this with your female friends.**

**YOU OWE IT TO  
YOURSELF AND  
YOUR FAMILY TO  
BE PREPARED!**