



## **REALISTIC SELF-DEFENSE FOR WOMEN**

### **Advanced Techniques\***

**WHAT:** Class covers: Situational awareness, Rape Escapes, Using Personal Body Weapons, Bedroom & Weapon Attacks, Ground Tactics, etc.

**WHERE:** **Buena Park Woman's Club**  
**6711 Beach Blvd, Buena Park, CA 90621**  
One block South of City Hall on the  
West side of Beach Blvd on 11th Street  
Free parking in City Hall parking lot

**WHEN:** **Tuesday, June 5th**  
**6:30 - 8:30 p.m.**

**COST:** Discounted Special Offer: \$20/person (normally \$40)

**PAY BY:** Bring cash or check made out to **Tender Warriors**

**RSVP:** By **May 31st** to hold your place!  
Call Chris Salts at 714-742-5105 to RSVP or for questions.

**Class taught by Buena Park Police Department Law  
Enforcement professionals, led by Officer Chris Pimentel**

\*For women only. Young women ages 12-18 must be accompanied by a female adult. This class recommended for those who have previously taken an introductory self-defense class.

## **Don't get caught being defenseless!**

Next **Beginning Class** will be held at the BP Woman's Club on **October 23rd**.