

2016



BREA

Health Fair
& Flu Clinic



500 S. Sievers Avenue
714-990-7750
BreaSeniorCenter.com

Friday, October 14

9 am - 12:30 pm

Start smart and stay healthy! Get the latest information about key health practices, innovative products and helpful services. Participate in free screenings and enjoy prize drawings too! Plus, free flu shots will be available for adults 60+ with a Medicare Part B card* and a free year's supply of Omega-3 supplements will be given to senior attendees.

*At a small fee for others, while supplies last, first-come, first-served.



FREE Health Screenings

- Stroke Screening
- Cholesterol
- Glucose
- Bone Density
- Skin Cancer
- Lung Function
- Spinal
- Hearing
- Balance
- Body Mass

FREE Information and Services

- Fitness programs
- Volunteer opportunities
- Physical therapy
- In-home support
- Health plan providers
- Financial advisors
- Senior housing
- Travel excursions

