

2011 Children and Youth Summit

Healthy Families, Healthy Futures!



Join Orange County Fifth District Supervisor Patricia Bates for a morning focused on building Healthy Families and Healthy Futures.

Who is invited?

All parents looking for information, ideas and inspiration.

What is it?

- **Breakfast and Resource Fair:** the morning will begin with an informal breakfast and time for parents to talk to family service and resource agencies.
- **Keynote speaker:** Michael M. Ruane, executive director of the Children and Families Commission of Orange County, will share about helping your children grow up healthy and ready to succeed.
- **Age-specific Breakouts:** Expert panelists will share their ideas and experience on the following topics.

Children ages 0 – 5 Immunizations: Everything You Need to Know

Children ages 6 – 12 Internet Safety & Setting Boundaries

Youth ages 13 – 18 Is my teen at risk? Drug Use Awareness

When: September 30, 2011,
9:00 a.m. to 11:30 a.m.

Where: Bell Tower Community
Center, 22232 El Paseo
Rancho Santa Margarita, CA 92688

Cost: FREE

RSVP: By September 23, 2011 to:
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Children & Families
Commission of Orange County

