

ORANGE COUNTY SUPERVISOR PAT BATES  
OFFICE ON AGING, AGE WELL SENIOR SERVICES  
& LAGUNA WOODS VILLAGE

PROUDLY PRESENT THE 6TH ANNUAL

# South County Senior Summit

***“Dignity, Safety, and Independence:  
Educating Older Adults  
and Honoring Veterans”***

**Laguna Woods Village, Clubhouse 3  
February 22, 2013**



Advocacy. Action. Answers on Aging.



Laguna Woods Village®

# Agenda

Attention Medi-Cal and Medicare Beneficiaries

## THE SIMPLE CHOICE is OneCare

If you have Medi-Cal and Medicare – call us to find out about the health plan that combines all your benefits into **One Simple Plan**. It's called OneCare (HMO SNP).

- Now offering no-cost dental benefits
- \$0 co-pay for generics and brand-name drugs
- Vision benefits including eye exams and eyeglasses or contact lenses
- No-cost taxi transportation
- Fitness benefit including gym membership

## That's the *Simple Choice!*

To find out more, call your OneCare Partner today.

**Toll-Free: 1.800.960.9070**

TDD: 1.800.735.2929

24 Hours a Day, 7 Days a Week  
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**Monday-Friday 8 a.m.–5 p.m.**

[www.caloptima.org/OneCare](http://www.caloptima.org/OneCare)



OneCare (HMO SNP) is a Medicare Advantage organization with a Medicare contract and a contract with the California Medi-Cal (Medicaid) program. The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan. Limitations, co-payments, and restrictions may apply. Benefits may change on January 1 of each year. H5433\_08329 CMS approved

**8:00** Registration / Breakfast / Booths

**9:00** Welcome & Opening Remarks

Invocation

Color Guard

Flag Salute

National Anthem

**9:10** Recognition of Distinguished Veterans

**9:15** County Programs for Veterans

**9:30** Age Well Senior Services Update

**9:35** Social Media and Older Adults

**9:45** Break / Vendor Tables

**10:30** Opportunity Drawing

**10:35** CalOptima Update

**10:40** “Understanding Elder Abuse  
in Our Community: The Medical  
and Cognitive Perspective”

**11:00** “Understanding Elder Abuse  
in Our Community:  
Working Together”

**11:20** “Understanding Elder Abuse  
in Our Community: The Role  
of Social Services”

**11:40** “Protecting our Elder Population”

**12:00** Q&A Panel

**12:25** Closing Remarks

**12:30** Lunch / Vendor Booths

Lobby & Dining Rooms

Supervisor Pat Bates

Ray Fico

*Chaplain, American Legion Post 257*

American Legion Post 257

Bob Ring

*Mayor, City of Laguna Woods*

John McCoy

Supervisor Pat Bates

Karen Roper

*Director, OC Community Services*

Dr. Marilyn Ditty

*Chief Executive Officer*

Alicia Zach

*Adult Services Librarian,*

*OC Public Libraries*

Lobby & Dining Room 1

Dr. Bonnie Olsen

*Clinical Professor,*

*UCI Senior Health Center*

Julie Schoen, Esq.

*Legal Counsel, Council on Aging*

Carol Mitchell, MFT

*Deputy Director, Adult Services*

Tony Rackauckas, Esq.

*District Attorney, County of Orange*

Bonnie Olsen, Julie Schoen, Carol Mitchell,  
Ted Burnett

Supervisor Pat Bates

Lobby & Dining Rooms

# Speaker Biographies

**Karen Roper, MBA** has worked for the County of Orange for 31 years. A majority of Karen's career has been devoted to the development and implementation of housing, human service programs, and systems of care that improve the quality of life for the residents of Orange County. In April of 2008, Karen was appointed to the position of the Director of Housing and Community Services Department now known as OC Community Services. In this role, Karen oversees the following Divisions: Office on Aging, Veterans Service Office, Community Investment Division/Orange County Workforce Investment Board, Orange County Housing Authority, Homeless Prevention Division, and the Housing and Community Development Division.

**Marilyn Ditty, DPA** is a distinguished expert in the field of Gerontology and is a devoted advocate for older adults on the local, state, federal and international level. She currently serves as Chief Executive Officer of Age Well Senior Services, a nonprofit that provides vital services to the elderly in South Orange County. Dr. Ditty has received numerous accolades for her dedication to improving the welfare of older adults and has spoken at numerous international conferences.

**Alicia Zach, MLS** is a librarian for OC Public Libraries. She has a master's degree in library science and has over 6 years of experience working with diverse age groups. She especially enjoys working with older adults to help them bridge the digital divide. In 2010 she received a fellowship by the Institute of Museum and Library Services: Transforming Life After 50, a pilot project geared to educate librarians on programming for people over 50. She is an expert in social media and e-books and regularly instructs library patrons in ways to maximize the benefits of their e-readers through the library's free e-book collection.

**Bonnie Olsen, PhD** is a licensed clinical psychologist and Clinical Professor at the University of California, Irvine School of Medicine. She earned her Masters and Ph.D. in Psychology from California School of Professional Psychology in San Diego. One of her principal roles in her position at UCI is to serve as the medical psychologist for the UCI/Orange County Elder Abuse Forensic Center. Dr. Olsen evaluates referrals to the Forensic Center who are alleged victims of financial, sexual or physical abuse. She will be the program director for an Administration on Aging grant to develop strategies for prevention of elder abuse in persons with dementia that will commence this year. In addition, Dr. Olsen is a team member of UCI Program in Geriatrics Health Assessment Program for Seniors' conducting cognitive and mental health assessments. She has extensive experience in the evaluation of cognitive disorders and dementia and in assisting those who provide care for individuals with cognitive or emotional disability.

**Julie R. Schoen, Esq.** serves as Legal Counsel for the Health Insurance Counseling and Advocacy Program (HICAP). HICAP is a program offered through the California Department of Aging and the Council on Aging of Orange County. Currently she also directs the Financial Abuse Specialist Team (FAST) for the Council on Aging Orange County. Ms. Schoen is the Special Projects Director for California Health Advocates (CHA) directing the California component of the SMP (Senior Medicare Patrol) project. This grant is funded by the Administration on Aging to CHA. Ms. Schoen is a graduate of the University of Wisconsin at Madison School of Education and received her Juris Doctorate degree from Western State University College of Law.

**Carol Mitchell, MFT** has over 10 years experience as both a Supervisor and Manager in Adult Protective Services. She is currently the Deputy Director for Adult Services in Orange County. She provides overall direction for planning, organizing, and directing operational, program and administrative activities related to the Adult Services programs, which include Adult Protective Services and In-Home Supportive Services. Carol is actively involved in the Coordinated Care Initiative and In Home Supportive Services and participates in meetings and teleconferences with CalOptima and stakeholders regularly. Carol has a Master's Degree in Counseling and is a Licensed MFT.

**Tony Rackauckas, Esq.** earned his Juris Doctor from Loyola Law School, Los Angeles in 1971. He has served in the U.S. Army as a paratrooper in the 101st Airborne Division (Air Assault) and as a social worker in the Los Angeles County Department of Public Social Services. In 1972, Tony joined the Orange County District Attorney's Office (OCDA). Over the next 15 years as a deputy district attorney, he conducted over 40 homicide cases and 100 felony trials including rape, robbery, arson, assault, burglary, fraud, narcotics, and child molestation. Tony was appointed as a Municipal Court Judge in 1990 by Governor George Deukmejian. Three years later, Governor Pete Wilson appointed Tony to the Superior Court, and he was named Presiding Judge of its Appellate Department in 1996. In June 1998, Tony was elected as District Attorney and re-elected in 2002, 2006, and 2010.

**Ted Burnett, Esq.** has been a prosecutor for twenty-five years, handling everything from misdemeanors to homicides. Ted worked for four years in the sexual assault unit and two ½ years in the TARGET unit (which "targets" gang members). He was promoted to Assistant District Attorney in April of 2002, supervising the Juvenile Court Branch, West Court, the Family Protection Unit (which includes domestic violence, child physical abuse, child abduction, and elder abuse) and the Major Narcotics Unit.



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# Senior Summit to Air on Cox Communications & Laguna Woods TV-6

Some programs are even better the second time, so make sure to check out the 2013 South County Senior Summit when it airs on Cox Communications or Laguna Woods TV and tell your neighbors who were not able to join us today. The Senior Summit will air on Cox Communications and Laguna Woods TV-6 (Channel 6 for Laguna Woods residents) on the following dates and times:

## **Cox Communications**

- Available On Demand  
(Cox Channel 1636)  
March 8 - December 31



## **Laguna Woods TV-6**

- Friday, March 8  
2 p.m.
- Friday March 15  
6 p.m.
- Tuesday, March 26  
2 p.m.



## Special Thanks to our Community Partners

