

# 2011 Children and Youth Summit

## Healthy Families, Healthy Futures!



Join Orange County Fifth District Supervisor Patricia Bates for a morning focused on building Healthy Families and Healthy Futures.

### Who is invited?

All parents looking for information, ideas and inspiration.

### What is it?

- **Breakfast and Resource Fair:** the morning will begin with an informal breakfast and time for parents to talk to family service and resource agencies.
- **Keynote speaker:** Michael M. Ruane, executive director of the Children and Families Commission of Orange County, will share about helping your children grow up healthy and ready to succeed.
- **Age-specific Breakouts:** Expert panelists will share their ideas and experience on the following topics.

**Children ages 0 – 5** Immunizations: Everything You Need to Know

**Children ages 6 – 12** Internet Safety & Setting Boundaries

**Youth ages 13 – 18** Is my teen at risk? Drug Use Awareness

**When:** September 30, 2011,  
9:00 a.m. to 11:30 a.m.

**Where:** Bell Tower Community  
Center, 22232 El Paseo  
Rancho Santa Margarita, CA 92688

**Cost:** FREE

**RSVP:** By September 23, 2011 to:  
Rhonda Diaz  
(714) 568-5721  
Rhonda.Diaz@cfcoc.ocgov.com



Children & Families  
Commission of Orange County

